

Senior Games celebrating 20th anniversary

By Kirk Kern

Mesquite Senior Games entered the year 2021 hoping to come back from a lost 2020 and celebrate its 20th anniversary.

Slowly, but surely, that celebration is looking like it may actually take place.

“Needless to say, this will be a year of many challenges,” said Amy Bradshaw, executive director for Mesquite Senior Games. “But our senior athletes face daunting challenges every time they compete in our games. Watching an 81-year-old man cross the finish line of the 50 yard dash or a 78-year-old woman swinging a pickleball paddle gives me nothing but optimism that our 20th anniversary will be as spectacular as our athletes.”

John Rosen, president of the MSG, said the organization’s mission is to promote health and fitness to the most seasoned citizens in the Virgin Valley/Moapa Valley communities. They’ve done this by staging a variety of sporting and social activities that combine for a fun and healthy lifestyle. MSG started with only softball but has since grown into 18 different sports with more than 1,100 participants last year, even in a pandemic-shortened season.

“And they did not just come from the local area,” Rosen said. “Visitors registered from 12 different states and the province of Quebec to share in the festivities. Some participants of Mesquite Senior Games come for the



challenge, some for the fun and some to remind themselves that ‘senior’ most certainly does not mean sedentary. But all of them come to share in an increasingly important cultural experience that has become an integral part of life in Mesquite and the surrounding areas.

“Given all of the challenges of the recent past, Mesquite Senior Games is working very hard to insure that its 20th year is the best one ever.”

The Spring season will include 18 events that a few months ago wouldn’t have even been possible. But new parameters allow for a few individual outdoor sports where the fresh air and social distancing will keep seniors safe.

That schedule includes:

- **Bowling** — March 27
- **Fitness Hike (all ages)** — March 29 and 31
- **Golf** — April 5-6

- **History Tours** — April 14-17
- **Cornhole (all ages)** — April 17
- **Target pistol/Shotgun sports** — April 23-24
- **Horseshoes (all ages)** — April 30-May 1

The cornhole and horseshoes events deviate from the regular MSG mission, allowing younger participants.

“We think the kids and families

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Celebrating 20 Years
Promoting Active and Healthy Lifestyles



SIGN UP NOW FOR OUR SPRING EVENTS!

Register online at MesquiteSeniorGames.org

or call 702-345-3347

Calendar

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Bereavement Group: 5-6:30 p.m. Mesquite Library, 160 W. 1st. St. This is a group headed by Mesa View/Virgin Valley Hospice. For more information, call 702-346-5224.

TUESDAY, MARCH 16

Free COVID-19 testing: 8 a.m. Fire Station I behind City Hall. Open to Mesquite, Bunkerville, Moapa Valley and Mohave County residents only. Make an appointment online at <https://health.mesquitenv.gov/covid>

Toddler Storytime: 10-11 a.m., Mesquite Library, 160 W. 1st. N. St. Toddlers enjoy songs, nursery rhymes, stories and finger plays. Call 702-507-4080.

Rotary Club: Noon, Mesquite Library, 121 W. 1st N St. Info: <https://www.rotarymesquite.com/>

Mesquite City Technical Review Meeting: 1:30-2:30 p.m. Meeting will be held in the Council Chambers on the 2nd floor of City Hall.

Nite Lore Film & Book Alliance: 5:30-6:30 p.m., Mesquite Library, 160 W. 1st. N. St. If you love horror, science fiction or fantasy, join for a fun, interactive discussion. Before the meeting, pick up the monthly book selection from the customer service desk. Call 702-507-4080.

WEDNESDAY, MARCH 17

Preschool Storytime: 10-11 a.m. Mesquite Library, 121 W. 1st N St. Join for stories, songs and activities that build early literacy. For children ages 3-5 and their caregivers. Call 702-507-4080.

THURSDAY, MARCH 18

Free COVID-19 testing: 8 a.m. Fire Station I behind City Hall. Open to Mesquite, Bunkerville, Moapa Valley and Mohave

County residents only. Make an appointment online at <https://health.mesquitenv.gov/covid>

Sunrise Rotary: 7:30 a.m. Virtual via zoom. Meets every Thursday at Scotty's Restaurant. Contact MesquiteNVSunriseRotary@gmail.com

Mesquite Mystery Book Club: 11 a.m. - noon, Mesquite Library, 160 W. 1st. N. St. Join in the love of a good mystery, from cozy to suspenseful, and have a fun and exciting discussion. Info: 702-507-4080.

Not Your Kids' Coloring for Adults: 2:30-3:30 p.m., Mesquite Library, 160 W. 1st. N. St. Join for a relaxing session of coloring intricate and meditative designs of various artists. Info: 702-507-4080.

STEAM Activities for Kids: 4-5 p.m., Mesquite Library, 160 W. 1st. N. St. Participate each week in fun, hands-on Science, Technology, Engineering, Art or Math activity. Info: 702-507-4080.

Al-Anon Support Group: 5:30-6:30 p.m. Mesquite Library, 160 W. 1st. N. St. Al-Anon's purpose is to help families of alcoholics achieve self-help by practicing the Twelve Steps of Recovery. For more information, call 1-888-4AL-ANON or visit the website at www.al-anon.org. Free and open to the public.

FRIDAY, MARCH 19

Blood Drive: 9 a.m. - 2 p.m. Mesquite Recreation Center, 100 W. Old Mill Road.

Storytime for ages 0-5 years: 10-11 a.m., Mesquite Library, 160 W. 1st. N. St. Join for stories, songs, rhymes and activities. For children ages 0-5 and their caregivers. Call 702-507-4080.

SATURDAY, MARCH 20

Movie Matinee for adults: 1-4 p.m. Mesquite Library, 160 W. 1st. N. St. Join in for a movie matinee

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Games

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in this town have suffered this past year and these two events are geared to affordable family fun," Bradshaw said. "Cornhole especially is going to be big. It's co-sponsored by the city and we're going to have a bounce house and obstacle course for the little kids, competitive and noncompetitive divisions for cornhole. Firemen are going to be cooking up hamburgers for lunch."

The Spring season is just the start. Bradshaw said MSG is planning a fall re-launch to include all of the regular sporting events.

"Moving forward, we are planning two full seasons every year," she said. "Now our seniors will have two opportunities to show us what they've got."

Mesquite Senior Games, a 501(c)3 nonprofit organization, is completely funded through sponsors, donations and registration fees. It relies on volunteers to help put on the game. The organization recently revamped its website (www.mesquitesenior-games.org) and includes updates about events and schedules. It also has an email mailing list for those who want regular updates. Those interested in signing up for the mailing list or volunteering to help can visit the website or call 702-345-3347.

Quinton

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He tricked her with fabricated tales the first three attempts, but she finally convinced him to tell her the truth. He stayed longer than he should have!

Don't we do the same with sin? We say, "I can quit anytime." Then why don't we?

Samson paid dearly for going where he should not have and staying longer than he wanted:

Verse 20: Samson lost his strength.

Verse 21: Samson lost his free-

Doing the Mesquite Senior Games give us a great opportunity to meet other Seniors who love the sport of bowling as much as we do! Plus...we can't miss out on our Mesquite Senior Games T-Shirts!!! LOL

Suzie Fehseke and Phyllis Margolis — bowling

Mesquite Senior Games gives everyone the opportunity to participate in their chosen sport with others their same age. Never in my wildest dreams did I see me playing softball, participating in the long drive, and running the 50 & 100 in track at the fun age of 78.

Herb Calhoun — softball, long drive, putting, 9 hole, KP, poker, track & field

I think Mesquite Senior Games is a great thing to keep us young which is what we all want. Mesquite Senior Games is a definite way to say to our self and everyone else "we are still here and here we are having fun". In other words "look out, the Seniors are coming"

Marv Edmondson — long drive, putting, 9 hole, KP, horseshoes

dom.

Verse 21: Samson lost his sight.

Verse 25: Samson lost his dignity.

Verse 31: Samson lost his life.

Sin will take you where you don't want to go.

Sin will keep you longer than you want to stay.

Sin will cost you more than you want to pay.

Michael Quinton is Pastor of Mesquite Baptist Church, 742 W. Pioneer Blvd., Suite A.

Sunday worship is at 10:30. We can also be found on Facebook and our website: mesquitebaptistchurch.com